

**Tentative Schedule**

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| Event | Age Group | Time |
| 3000m | Midget/Youth/Jr/Sr/Masters/Masters+ | 9:00am |
| 3000m | Midget/Youth/Jr/Sr/Masters/Masters+ | 9:20am |
|  | **BREAK** |  |
| 60m | Bantam | 9:45am |
| 60m | PeeWee | 9:50am |
| 60m | Tyke | 9:55am |
| 60m | MINI | 10:00am |
| 60m | Masters | 10:05am |
| 60m | Masters + | 10:10am |
| 60m | Senior | 10:15am |
| 60m | Junior | 10:20am |
| 60m | Youth | 10:25am |
| 60m | Midget | 10:30am |
|  | **Break** |  |
| Predictive 800 | Senior | 10:40am |
| Predictive 800 | Masters | 10:55am |
| Predictive 800 | Masters + | 11:10am |
|  | **Break** |  |
| 200m | Masters | 11:20am |
| 200m | Masters + | 11:25am |
| 200m | Senior | 11:30am |
| 200m | Junior | 11:35am |
| 200m | Youth | 11:40am |
| 200m | Midget | 11:45am |
|  | **Break** |  |
| 800m | Masters | 11:55am |
| 800m | Masters + | 12:05pm |
| 800m | Senior | 12:15pm |
| 800m | Junior | 12:25pm |
| 800m | Youth | 12:35pm |
| 800m | Midget | 12:45pm |
| 800m | Bantam | 12:55pm |
| 800m | PeeWee | 1:05pm |
| 800m | Tyke | 1:15pm |
|  | **30 min LUNCH BREAK** |  |
| 60m Hurdles | Bantam | 1:45pm |
| 60m Hurdles | Midget | 1:50pm |
| 60m Hurdles | Youth | 1:55pm |
| 60m Hurdles | Junior | 2:00pm |
|  | **BREAK** |  |
| 150m | Bantam | 2:10pm |
| 150m | PeeWee | 2:15pm |
| 150m | Tyke | 2:20pm |
| 150m | MINI | 2:25pm |
|  | **Break** |  |
| 1200m | Midget | 2:35pm |
| 1200m | Bantam | 2:50pm |
|  | **Break** |  |
| 400m | Masters | 3:00pm |
| 400m | Masters + | 3:10pm |
| 400m | Senior | 3:20pm |
| 400m | Junior | 3:30pm |
| 400m | Youth | 3:40pm |
|  | **Break** |  |
| 1500m | Masters/Masters + | 3:50pm |
| 1500m | Senior | 4:15pm |
| 1500m | Junior | 4:35pm |
| 1500m | Youth | 4:55pm |
|  | **Break** |  |
| 4x200m Relay | Senior | 5:00pm |
| 4x200m Relay | Masters/Masters + |  |
| 4x200m Relay | Junior |  |
| 4x200m Relay | Bantam |  |
| 4x200m Relay | Peewee |  |
| 4x200m Relay | Tyke |  |
| 4x200m Relay | Midget |  |
|  | **FINISHED** |  |
|  |  |  |

|  |  |  |  |
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| **Tyke** | **60m**  **Relay**  **800m**  **150m** | **PeeWee** | **60m**  **Relay**  **800m**  **150m** |
| **Bantam** | **60m**  **Relay**  **800m**  **60m Hurdles**  **150m**  **1200m** | **Midget** | **3000m**  **60m**  **200m**  **800m**  **60m Hurdles**  **Relay**  **1200m** |
| **Youth** | **3000m**  **60m**  **200m**  **800m**  **60m Hurdles**  **Relay**  **400m**  **1500m** | **Junior** | **3000m**  **60m**  **200m**  **800m**  **60m Hurdles**  **Relay**  **400m**  **1500m** |
| **Senior** | **3000m**  **60m**  **200m**  **800m**  **400m**  **1500m**  **Relay** | **Masters** | **3000m**  **60m**  **200m**  **800m**  **400m**  **1500m**  **Relay** |